



Dubuque Area Congregations United Monthly Newsletter

Volume 43, No 9

September 2021

We, the members of DACU, people of diverse faiths and beliefs, are united by our belief in God, our concerns for justice and our call to serve others. Through prayerful dependence on God and respectful cooperation with each other, we will make a difference in our world by fostering an awareness and understanding of human need. We will be a supportive presence in this community and beyond through the generous sharing of our time, talents, and resources. Mission Statement adopted 10/22/1996.

www.DACUonline.org/

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DATE	SPONSOR	EVENT
More events listed inside...be sure to check the rest of the newsletter for more info!		
Every Day	ALL OF US	#Black Lives Matter, Speak out against systemic racism in America.
September 14	DACU	Rescheduled: DACU Annual Delegates Picnic (see below)
September 19	Presentation Lantern Ctr	Lighting the Lantern Event (virtual...more p.4)
September 21	Dubuque Day of Peace	International Day of Peace lecture, 7pm Loras (more p.3)
September 21	University of Dubuque	Saul Flores, 10:45am Heritage Center (more p.5)
September 23	Children of Abraham	1 st meeting, by Zoom, 7:00pm, "Hope" (more p.3)
September 27	St. Joseph the Worker	Video: "Kiss the Ground" 7:00pm (more p.5)
September 28	DACU	DACU Delegates Meeting, Univ. of Dubuque, 7pm (more below)
October 2	CROP	CROP Celebration 10am-Noon, Murphy Park (more p.6)



NEXT DACU Delegates' Meeting

Tuesday September 28, 7:00 PM

Hadley Auditorium, University of Dubuque

Dr. Brian Hallstoos will present the story of Nathaniel Morgan, who helped to found St. Luke's Methodist Church in the early 1800s and was the victim of a mob lynching in Dubuque. This will be a hybrid presentation. Please come to Hadley Auditorium if you are comfortable with being with others. If not, you can find the Zoom link on the DACU website,

www.DACUonline.org

As always, guests are welcome! Donations for the Food Pantry are always appreciated.

As the COVID situation continues to evolve, we encourage masks and social distancing when possible.

DACU 2021 Delegates Meetings

To protect our vulnerable neighbors, we ask that masks be worn for all indoor venues!

RESCHEDULED: Tuesday, September 14, 5:00 PM
Annual Delegate Picnic at the Arboretum, outside in the Packard Pavilion. Bring your own seating and picnic dinner. It will be so good to be together in person! Come early or stay later to enjoy the gardens. Bring your family as well! Program will be updates for the year plus CROP.

Tuesday, September 28, 7:00 PM
(See the full description in the column to your left)

Tuesday, October 26, 7:00 PM
Update on our three DACU projects, the Rescue Mission, People In Need, and the Food Pantry. Location TBA

Wednesday, November 24, 7:00 PM
DACU's 39th Annual Interfaith Thanksgiving Service
Resurrection Catholic Church
4300 Asbury Road

(No December Delegate Meeting)

Tuesday, January 25, 6:00 PM
DACU Annual Meeting & Dinner
Westminster Presbyterian Church

DACU Board Report

As of August 31, ten congregations and one associate member have contributed to DACU for 2021.

(DACU Bylaws: "Dubuque Area Congregations United will be supported financially by the voluntary contributions of its member congregations and institution, keeping in mind the purposes and needs of the organization").

FY 2021 Monthly Balance Sheet Report 08/31/2021			
	August	2021 Year to Date	Budget 2021
Income	\$ -0-	\$ 4,535.24	\$8,100.00
Expenses	\$ 300.00	\$ 2,713.90	\$7,550.00
Ending Balance as of 08/31/2021: \$5,452.74			

NOTE: Please help us to support our DACU projects! Checks should be made payable to "Dubuque Area Congregations United" and sent to:

*DACU Treasurer,
P.O. Box 811, Dubuque IA 52004*

NOTE: We are meeting by conference call right now, but still meeting! If you need to add to the Board agenda or would like to "attend" contact President Jean Holdener at JHoldene@dbq.edu.

DACU Projects

People In Need (P.I.N.)

Do you know of someone in need?

Here is the P.I.N. assist number: (563) 581-7995

Please leave a message since this is only a recorded line.

Remember, P.I.N. operates through referrals from social service agencies, churches/congregations and DACU organizations only. Potential clients cannot call directly.

The People In Need (PIN) Board of Directors express sincere gratitude to everyone who has donated recently. **We are expecting requests to rise as moratoriums on evictions are lifted and other support systems are relaxed.** Be assured we will be good stewards of all that you share with us!

—Tom Stovall, P.I.N. President 2021

Please send donations to: PIN, Westminster Presbyterian Church, 2155 University Ave., Dubuque, IA 52001



Dubuque Rescue Mission

We continue to provide a "to-go" meal at our breakfast, lunch and dinner operations. The two Thrift Stores continue to provide free clothing to those in need and other household items to those with low to no incomes. We are always in need of good, lightly used furniture and household items. Please encourage your congregations to shop at either of our Mission Thrift Stores for some wonderful deals. Our garden and green house is in full swing. The produce is being used in our free meal ministry now.

Our new "Kindness Café" food truck is up and running. You can learn more about it on our Facebook page!

Once again, we appreciate your prayers, volunteer support and financial support.

Peace,
Rick Mihm
Director

<https://www.facebook.com/DBQRescue/>

Dubuque Food Pantry

Greetings!

Here at the Dubuque Food Pantry, we are excited to share some updates.

Installation of a dumbwaiter to carry items from the basement to the main floor continues! This will greatly help our volunteers, as canned food can be very heavy.

We continue working with area senior centers to deliver food to seniors who can't come to the Pantry. This effort is growing and is being very well received.

A list of suggested items "month-by-month" is on the DACU website: www.DACUonline.org

Please remember the Pantry as you continue harvesting your summer veg and fruit crops! We will be happy to distribute them!

Theresa M. Caldwell, Manager
Dubuque Food Pantry
dubuquefoodpantry@yahoo.com
563.583.4440

P.S. Like us on Facebook! ("Dubuque Food Pantry")
Drop off hours are: Mon., Wed., Fri. from 8:00 am to 4:00 pm. and Tues. 8:00 am to Noon

DACU Community

Dubuque's United Nations International Day of Peace

Again this year, DACU is partnering with the Day of Peace Committee and other area organizations to support **Dubuque's Day of Peace Festival, Sept 10-26**. The **International Day of Peace** group in Dubuque has planned an in-person speaker at Loras College on Tuesday, September 21st at 7:00 p.m. CDT. It will also be **livestreamed via Facebook**.

This year's theme is "**Promoting Racial Justice: Dismantling Systemic Racism**". The speaker is **Olga Segura**, opinion and culture editor at NCR, and author of the recent book *Birth of a Movement: Black Lives Matter and the Catholic Church*. She will speak on "Faith Communities and Liberation."

Note: To view this via Facebook - **you do not have to have a Facebook account** to use Facebook Live. Simply go to www.facebook.com/dbqdayofpeace. If asked to create a Facebook Account, click "not now" and you'll be allowed to proceed directly to the site.



The United Nations International Day of Peace is recognized around the world every September 21, and **Dubuque's Day of Peace Festival** each year spans the two week period surrounding that date. We began in 2010 with a single event. Since 2016, the festival has included up to 20 events, with participation from many community groups. Past keynote speakers included Rajmohan Gandhi (grandson of Mohandas K. Gandhi), Rohina Malik (Muslim actress and playwright), Phillip Lawson (early civil rights pioneer), Magdalena Gómez (performance poet and playwright) and Kathy Kelly (activist and writer.)

Theme for 2021

Promoting Racial Justice: Dismantling Systemic Racism

The deaths of George Floyd, Breonna Taylor, and so many others prompted an urgent wake-up call to dignity and equality for all people. The Black Lives Matter movement and systemic racism caused many of us to search for ways to move forward through the discomfort of authentic self-reckoning.



Join us for an evening with this year's keynote speaker **Olga Marina Segura**, the opinion and culture editor at the National Catholic Reporter and the author of *Birth of a Movement: Black Lives Matter and the Catholic Church*. Her writing has appeared in publications like The Guardian, Revealer, Sojourners, Refinery29, and ZORA Magazine. Her topic: "Faith Communities and Liberation."

**Loras College, Alumni Campus Center
Tuesday, September 21, 2021, 7:00 PM - FREE**

DbqDayofPeace.org

www.facebook.com/dbqdayofpeace

Coordinating Committee:

Eric Angelle, Saint Isidore Catholic Worker Farm
Michelle Beale, SSP, Sister of St. Francis
David Collins, Loras College
Christine Dam, University of Dubuque
Jenna Dalton, Clarke University
Sue Davis, Westminister Presbyterian Mission Center
Hannah Ellis, Loras College
Richard Fisher, Dubuque Peace and Justice
Barbra Hen, Chaperson

Brian McCauley, SVD, Divine Word College
Mira Moore, SVD, Sister of Charity
Katie Nelson, Clarke University
Jasmine Piles, University of Dubuque
Mick Richey, Dubuque Peace and Justice
Marcus Robinson, community volunteer
Jada Schmidt, Dubuque for Refugee Children
MSJ Stewart, St. Luke's United Methodist Church/Social Justice
Kathy Sutton, Dubuque Branch NAACP

Hike to Help Refugees Friday, Sept. 24, 4-5pm

Start at Loras College (across the street from Christ the King Chapel), touch base at University of Dubuque (outside Blades Chapel) and end at Clarke University (outside Atrium).

Cosponsored with Iowa United Nations Association (IUNA). All proceeds raised go to the U.N. High Commissioner for Refugees (UNHCR), which helps provide refugees with life sustaining tools. Participation is free, but donations will be accepted for UNHCR to help worldwide refugee populations in desperate need. Register/donate at the event or online at <http://www.iowauna.org/>

Children of Abraham

We once again are excited to start another year of dialogue across differences and the personal connections that come out of them. Our first conversation will be online (**not at Temple Beth El as originally planned**) because of the recent uptick in covid cases in Dubuque and the compact nature of the Temple. Here is the link for that session, Sept. 23 at 7 p.m.: <https://zoom.us/j/98457008459?pwd=bDVWUXI3UzhQRm40MEpiNiNxeUcrUT09>. The topic for this first conversation is "Hope," a much-needed theme for our particular moment in history.

Below is our schedule for the coming season. For the time being, we anticipate that they will be held in person at the locations indicated. We will also be using Zoom and Facebook Live for all sessions, so if you do not feel comfortable or safe attending in person (or you live outside the Dubuque area) you may do so electronically. If the pandemic context forces changes to that, we will certainly let you know.

Here is the schedule, all run 7-8:30 p.m.:

- Sept. 23: Hope – Online (<https://zoom.us/j/98457008459?pwd=bDVWUXI3UzhQRm40MEpiNiNxeUcrUT09>)
- Oct. 21: Medicine and Healing – Emmaus Bible College
- Nov. 18: Interfaith – Loras College
- Jan. 20: Family and Kinship – Clarke University
- Feb. 17: Marriage – St Luke's United Methodist Church
- Mar. 17: Money and Interest – Tri-State Islamic Center
- Apr. 21: Being Human – Wartburg Seminary

In addition to these events, we have a weekly Qur'an Study (Tuesdays, 5:20-6:20 p.m.). Currently, this is online but may return to Loras College at some point. Please contact John Eby (John.Eby@loras.edu) if you would like to attend. No preparation is necessary. You don't even need to bring a Qur'an unless you wish to do so!

You can download a poster of our schedule in either pdf or jpeg format on our website:

<http://www.cofabraham.org/> OR find us on Facebook!
<https://www.facebook.com/cofabraham/>

For more information contact John Eby
John.Eby@loras.edu or Alan Garfield
AGarfield@dbq.edu

Dubuque Interfaith Green Coalition

September Events!

September 12: the DBQ Interfaith Green Coalition (DIGC) will hold its monthly meeting at Westminster Presbyterian at 3pm. Our guest will be Representative Lindsay James, who will update us on legislative actions either past or possibly future affecting the climate.

September 12-14: DIGC's sister affiliates in Interfaith Power and Light in WI and IL are holding a virtual 3-night immersive journey into healing. Join to practice ways to heal broken connections between people and between people and our environment. Walk a virtual meditative journey in the wetlands of the Shawnee National Forest, tour a farm dedicated to local food provision, gather in a racial healing circle, create a recipe using in-season ingredients and more and even a bedtime story Tuesday evening. Register by contacting Paul Uzel at uzeldansen@gmail.com for the link.

September 19 at 3pm hear from a State Urban Conservation specialist from Des Moines on how to do this "in the city!" Contact Paul Uzel or Chuck Isenhardt for more information!

Presentation Lantern Center



JOIN US

Lighting the Lantern

FEATURING
BILLIE GREENWOOD
BORDER VOLUNTEER, HUMAN RIGHTS ADVOCATE AND PRESENTATION ASSOCIATE

VIRTUAL EVENT
4:30 p.m., Sunday, Sept. 19, 2021
Billie's important message will be free to all at [Facebook.com/LanternDBQ](https://www.facebook.com/LanternDBQ)
Support our mission by buying a ticket (below)



Help us Light the Lantern, with Billie Greenwood

This year's Lighting the Lantern fundraiser will feature the message of an inspiring Presentation associate, Billie Greenwood. Greenwood is a regular volunteer at the U.S. - Mexico border who has brought her knowledge of human rights and passion for service to every hot meal she serves and every lesson she shares with migrant asylum-seekers.

Billie started learning the sounds of the Spanish alphabet at the age of 50. She has spent years studying human rights in Spanish and traveled for 14 years to the U.S.-Mexico border, where she's seen firsthand how the tumult of our national policy has real effect on the human rights of people on the ground.

As our country regains its footing after pandemic shutdowns, we need immigrants more than ever. We need immigrant labor, skills and ingenuity. We need the perseverance and values learned through immigrant experiences.

Billie will headline our fourth annual Lighting the Lantern fundraiser, set for Sunday, Sept. 19 starting at 4:30 p.m. Proceeds will support the Presentation Lantern Center's mission of hospitality, education and advocacy for adult immigrants. This will be the second year that our event will be virtual.

Because we wish to share Billie's uplifting message of hospitality, it will be broadcast via Facebook Live to all who wish to learn more. And because this is also a fundraiser, we ask supporters who are financially able to buy a "seat" at the table for \$90 or a full "table" for \$725--the same amount that an immigrant pays to apply for U.S. citizenship.

Ticket holders will receive a link to participate via Zoom, with additional opportunities to interact and share stories with Billie and other speakers. Their generosity will help us continue our English-language and citizenship tutoring and services to new Dubuquers for generations to come.

To purchase a ticket or table, send a check to the Lantern Center at 900 Jackson St., Ste. LL5-1, Dubuque IA 52001 or go to TheLanternCenter.org and click on "Donate." Include the memo "Lighting the Lantern" and your email address to assure that you receive the Zoom link Sept. 19.

For lots more great information, check out our website:
www.TheLanternCenter.org

University of Dubuque

Saul Flores to Speak September 21

Philanthropist, photojournalist, and motivational speaker Saul Flores will present "With Grit" from 10:45 a.m. to noon Tuesday, Sept. 21, 2021, in John and Alice Butler Hall, Heritage Center on the University of Dubuque campus. The program is free and open to the public.

Through storytelling, discussion, and practical exercises, Flores will explain how students can harness the power of grit to work toward purpose-driven goals. He will help individuals feel empowered to develop gritty habits in their personal, academic, and professional lives. Flores also will share with students how grit can be a tool for navigating the college journey.

Nationally recognized for his social impact projects, Flores learned the power of grit at an early age as a first-generation college student born into a family of sugarcane workers. His mother juggled multiple jobs upon arriving in America and his grandmother traded aluminum cans for coins to provide for Flores and his family. From experiencing personal hardship to navigating how to get into college, grit became key in Flores' journey to achieving his goals.

Flores is the storyteller of the inspirational journey "The Walk of the Immigrants." He walked 5,328 miles through 10 countries to document the journey immigrants take to the United States and to fundraise for an elementary school in his mother's hometown in Mexico. His work has been featured on National Public Radio, MSNBC, and TEDEX. Flores has been as a keynote speaker for dozens of universities, inspiring audiences through his visual presentations in which he helps people realize the capacity of their immense human potential given times of extreme adversity.

"With Grit" is sponsored by the University of Dubuque's Department of Student Life in celebration of Hispanic Heritage Month.

For more information, please contact University Relations at 563.589.3300.



St. Joseph Key West St. Joseph the Worker



**THE SOCIAL JUSTICE COMMITTEES OF
ST. JOSEPH KEY WEST AND ST. JOSEPH THE
WORKER**

**INVITE YOU TO COME AND JOIN US AS WE...
RAISE AWARENESS OF THE FRAGILITY OF OUR
EARTH AND
LEARN HOW TO ACT RESPONSIBLY IN RESTORING
AND PROTECTING THE HEALTH OF OUR COMMON
HOME.**

**VIDEO PRESENTATION "KISS THE GROUND"
MONDAY, SEPTEMBER 27, 2021
7:00 - 8:30 PM
ST. JOSEPH THE WORKER CHURCH
2001 ST. JOSEPH ST.
DUBUQUE
HANDICAP ACCESSIBLE**

LOOKING FORWARD TO SEEING YOU!

**Follow-up Video "The Human Element"
Monday, October 25, 7:00 – 8:30 p.m.
St. Joseph the Worker Church**

Dear friends,

With images of wildfires, storms, and droughts appearing more frequently and with increasing severity in worldwide media, our awareness and concern for the health and well-being of our planet and for those who suffer from these disasters grow greater each day. The call for action is clearer and more urgent than ever.

On Monday, September 27th, the combined Social Justice Committees of St. Joseph – Key West and St. Joseph the Worker extend an invitation to the Dubuque community to attend the video presentation "Kiss the Ground" from 7:00 – 8:30 p.m. at St. Joseph the Worker Church, 2001 St. Joseph Street.

Participants will have opportunity to become more fully aware of the fragility of our earth and learn what each of us can do to act more responsibly in restoring and protecting the health of our common home.

A second video presentation "The Human Element" has also been scheduled for Monday, October 25th at the same time and location, serving as a follow-up event with further opportunities for Awareness and Action to address this global crisis.

Social Justice Committees
St. Joseph – Key West Parish office phone number: 563-
582-7392 dbq111bm@dbqarch.org.
St. Joseph The Worker phone number: 563-588-1434
dbq062sec1@dbqarch.org

CROP Hunger Walk



**CROP Hunger Walk
Celebration**

We walked with the World on May 22!
Let's Celebrate!

**Saturday, October 2, 10:00 am to Noon
Murphy Park**

Open Air Pavilion, 1700 South Grandview

Because of your generosity, we raised over **\$15,000** to help feed hungry people in Dubuque and around the world.

That is cause for celebration!

Join us for this **FUN FAMILY EVENT** to celebrate the success of the 2021 CROP Walk!!

Experience a **hunger meal**, and learn more about the work that CROP supports in Dubuque and around the world through **learning activities, challenges, games and displays.**

**Donations are welcome, but not required.
Any received will be added to the 2021 total.**



For more information contact Sara McCaw at sara.mccaw@gmail.com or Morgan Frazer fraziermt@hotmail.com

Sinsinawa Mound

Sinsinawa Mound Center Welcomes Back Visitors/Guests

We are excited to welcome visitors and guests once again. Everyone will enter through our Main Entrance to check-in and have temps taken and the wearing of face masks is required. All visitors/guests will have access to our public spaces but will not have access to our Sisters' Dining Room, Sisters' living areas, meals or overnight accommodations. Some requirements may change as we continue to adhere to the guidelines set forth by the Centers for Disease Control and Prevention (CDC) to help prevent the spread of the coronavirus in the United States. We hold our world in prayer and appreciate your cooperation.

Art Gallery Exhibit: With Every Leaf a Miracle

September 1 8:00 am - October 11 7:00 pm
Patricia Mroczka began her love of art at St. Clara Academy, Sinsinawa, while taking four years of art classes from Sister Dolores Salter, OP (1892-1977). She has since studied art education at the Art Institute of Chicago and taken art classes from prominent artists in the Midwest.

Praying Our Troubling Emotions (via Zoom)

September 15 7:00 pm - 8:30 pm

Emotions, both "positive" and "negative" are part and parcel of being human. Yet we often find ourselves struggling with or against certain "negative" emotions, for example: anger, jealousy, sadness, depression, etc. Nonetheless, these "negative" emotions carry important messages for us.

REGISTER

Natura Divina – Wild Church: Fall Equinox

September 21 5:30 pm - 7:00 pm

Sinsinawa Mound 585 County Road Z, Sinsinawa
Fire and song, ritual and community, prayer and quiet: this outdoor, ecumenical gathering is centered on honoring the sacred time of the Fall Equinox - a day of equal light and dark - and situating ourselves within the wider community of Creation.

Coddiwomple: Bringing Curiosity and Joy to Our Journey

September 25 10:00 am - 4:00 pm

Coddiwomple means to travel in a purposeful manner towards a vague destination. So often our journey becomes weighed down with the seriousness of a desired and/or expected destination or outcome. In this retreat, we will approach our spiritual deepening with no idea what to expect.

REGISTER

Yoga Retreat: Finding New Connectors to God

October 2 9:00 am - October 3 4:00 pm

We will explore the four types of claries - clairvoyance (pictures), clairaudience (hearing), clairsentience (feelings), and claircognizance (knowing) - trying to discover one that resonates with you to help you better connect with the Divine power and bring awareness to where you are spiritually.

REGISTER

Forest Bathing Walking Meditation

October 3 9:00 am - 11:30 am

Begun in Japan and now spreading globally, Forest Bathing is a practice that combines a slow walk in a natural area with a clearly defined sequence of guided events that provide structure to the experience. An opening guided meditation helps participants to enter into an embodied state in which they engage with nature through the senses rather than the intellect.

REGISTER

...many more events happening at the Mound! See the full event schedule on the website:

<https://www.sinsinawa.org/moundcenter/events/>

For information on events at Sinsinawa, call or write the Mound: 585 County Road Z, Sinsinawa, WI 53824, (608) 748-4411.

<https://www.sinsinawa.org/moundcenter/events/>

Shalom Spirituality Center



Migration in the Bible: Praying with People on the Move

Wednesdays, Sept 22, 29, October 6, 13, 20, 27, via Zoom. Facilitator: Sarah Kohles, OSF

Sarah, a Sister of St. Francis of Dubuque, is a Scripture scholar interested in reading the Bible in light of current events. An adjunct professor and writer, Sarah previously offered "Scripture in Times of Disruption" at Shalom. Abraham and Sarah are called by God to move to a foreign land seeking a promise. Naomi and her family flee famine in their native land to start a new life in Moab. Joseph and Mary flee Israel to protect their child. The Bible is filled with stories of people on the move, which is helpful in considering the plights of people today who flee their homeland and seek better lives. These sessions will read stories of migration in Scripture alongside the situation of migrants today.

\$30 for the six-week series. Register by Tuesday, Sept 21, for the Zoom link.

READING THAT MATTERS BOOK DISCUSSION

Tuesday, September 28, 6:30-8:00 pm

Facilitator: Eileen Miller OSF

Because they usually don't want to be noticed, we may see them anywhere and anytime, living what appear to be "regular" lives in our midst. What we don't see is the constant fear undocumented people face, nor their reasons for being undocumented or maybe even their reasons for living in this country. This book is comprised of stories of people in this position. *The Undocumented Americans* by Karla Cornejo Villavicencio. Traveling across the country, journalist Karla Cornejo Villavicencio risked arrest at every turn to report the extraordinary stories of her fellow undocumented Americans. Her subjects have every reason to be wary around reporters, but Cornejo Villavicencio, herself an undocumented immigrant, has unmatched access to their stories. Her work culminates in a stunning read for our times

TAIZÉ PRAYER

First Thursday of the month, 7:00-7:45pm

Facilitators: Jim Brimeyer, Carol Hemesath, OSF, and other area musicians

September 2— Praise Makes a Happy Heart
October 7—Can we Come Together? Unity of Hearts
Nov. 4—In Honor of Those Who Have Preceded Us
No meeting in December

Held in our beautiful and historic chapel, this contemplative prayer time includes a Scripture reading, sung repetition of short refrains, shared silence and intercessions. Taizé prayer invites the participants to sing simple refrains repeatedly to reinforce the meditative quality of the prayer. This basic style can penetrate the marrow of our spirits and the silence of our hearts. Come and tune into the solitude of this holy place and praise of our God!

Freewill offering, no registration necessary

Visit our website to check out more upcoming programs!

Shalom Spirituality Center

1001 Davis Street, Dubuque, IA 52001

Phone: 563-582-3592

Web: www.ShalomRetreats.org

Email: info@shalomretreats.org

Westminster Presbyterian Church



Green Team Tip – Go Green in 2021!

You can probably do much more than you think you can. There are many simple and easy things we all can do for our planet. **WPC will be offering a few Green Tips each month!**

9/5 Green Team Tip – Compost at Home

Learn how easy it is to compost at home. Sign up to use the City of Dubuque's curbside composting program. Save your food scraps for weekly pickup for only \$1.00 per month. Containers are provided.

9/12 Green Team Tip – Green Arts and Crafts

Enjoy art? Be sure to check out using recycled paper and other green products for art projects. Nature is another great provider of art supplies (twigs, leaves, flowers, rocks, etc.). The recycle bin is another great place to find items that creative minds can find items to be repurposed into arts and crafts.

9/19 Green Team Tip – Paper and Disposable

Products Make a commitment and plan to reduce your use of paper and other disposable items. Trade in those single-use-throw-away items (paper plates, cups, napkins, utensils, straws, plastic bottles, plastic bags, etc.) for the real thing—real reusable items that can be cleaned and used over and over again without damage to our environment.

9/26 Green Team Tip – Reduce, Reuse, Recycle

Remember the 3 R's! Reduce the use of items that harm God's creation. Reuse or repurpose items rather than throwing them away. Recycle those things that can be. And, here is a 4th R – Rot, which means to compost those things that can be and keep them out of the landfill.

Does your organization or congregation have items you would like to include in the DACU Newsletter? Just email the editor at fpcdbq.pastor@gmail.com

We are happy to share any information that is in keeping with our DACU mission statement

REMEMBER: Membership in DACU is open to all who share DACU's mission. If you wish more information about how your congregation or organization can become involved, just contact DACU President Dr. Jean Holdener (jholdene@dbq.edu)

Dubuque Community

Dubuque Visiting Nurse Association



Health Care for Kids!

Even when life is a little uncertain, kids still need to see their doctor for routine care. Routine well-child visits help pediatricians determine if kids are meeting important developmental milestones and give age-appropriate immunizations. Families should contact their health care provider and schedule an appointment to catch up on missed visits and vaccinations. Many uninsured children may be eligible for free or low-cost health insurance through Medicaid and the Children's Health Insurance Program (Hawki). Eligibility is dependent on household size and income. A family of 4 earning up to \$80, 030/ year may qualify for Hawki. For children and teens, age 0-18, routine care including check-ups, vaccines, dental cleanings, and eye exams are covered. Enrollment in Medicaid and Hawki is open year- round. For more information visit <http://dhs.iowa.gov/hawki>, call Hawki Member Services at 1-800-257-8563 or contact the local Outreach Coordinator at Visiting Nurse Association (VNA) at 563-556-6200 ext. 1933.

Some News from the DACU Newsletter Editorial Staff!!

I know...you didn't think we had a staff, did you?? Well, for more years than I can actually remember, I have been the editor of the DACU newsletter. It has been a great privilege to do this, and I have truly enjoyed (almost) every minute. DACU and its mission are an important part of our Dubuque community and over the past decades DACU has planted the seeds for many other initiatives that are moving forward to support our mission to "Make a Difference in Our World". We like to think that our DACU newsletter, which at this point has an email circulation of over 250 addresses and is also posted on our DACU website, has helped promote that mission by sharing monthly the many wonderful opportunities to be involved in repairing God's world right here in Dubuque.

This May, I retired from my position at the University of Dubuque and moved to Madison to take on the very important job of "Bubbe" (a Yiddish term for Grandma in the Jewish tradition) to our two grandsons. I am very pleased to announce that Pastor Stephanie Ells of First Presbyterian Church has agreed to become the new Editor and the October 2021 newsletter will be under her editorial leadership. If you have information that you would like to put in the next newsletter, please email Pastor Stephanie at fpcdbq.pastor@gmail.com Of course, if items come to me I will be forwarding to Pastor Stephanie and will be working with her to be sure that we transition smoothly.

With every good wish for our "beloved community",

Phyllis Garfield, Retiring DACU Newsletter Editor
phyllisgarfield@hotmail.com





DACU
PO Box 811
Dubuque IA 52004-0811



Remember...you can view all DACU Newsletters on our Website at www.DACUonline.org
Help us spread DACU good news on Facebook!
Go to: www.facebook.com/Dubuqueareacongregationsunited
and "like" and "share"!

DACU Board and Project Contact Information

President:

Dr. Jean Holdener, jholdene@dbq.edu

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Vacant at present

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